



# MAIN MENU



(served 12 - 2.30 and 5.30 - 9 Monday to Friday 12 - 9 Saturday 12 - 8 Sunday)

## STARTERS

Home Made Soup of the day and Warm Bread	£6.50
Classic Atlantic Prawn Cocktail, Baby Gem Lettuce, Cherry Tomato, Buttered Granary Bread	£7.50
Honey Baked Camembert , Apple & Beer Chutney and Toasted Ciabatta	£7.50

Caramelised Onion & Goats Cheese Tartlet with Rocket & Parmesan Salad	£7.50
Sweet Chilli Beef, Thai Style Salad, Coriander, Peanuts	£8.00
Pan Seared Scottish King Scallops with Crispy Pork Belly & Apple Puree - Peashoot Salad	£9.50
Pressed Smoked Ham Hock Terrine with Piccalilli & Toasted Bread	£7.50

Burrata Mozzarella, Tomato & Pesto Salad	£7.50
Mixed Bread & Olives with Balsamic & Olive Oil	£5.00
Tempura King Prawns with Sweet Chilli Dipping Sauce	£8.50
Crispy Salt & Pepper Calamari, Thai Style Coriander Salad, Chilli Mango Salsa	£7.50

## MEAT

Classic Rare Breed Gloucester Old Spot Sausages & Mash with Creamy Mash, Seasonal Greens & Caramelised Onion Gravy	£14.00
Chargrilled Prime Steak Burger in a Toasted Brioche Bun served with Streaky Bacon, Emmental Cheese, Gem Lettuce, Beef Tomato, Gherkin, Onion Rings, Coleslaw & Fries, Double Up for £3 Extra	£14.00
Chefs Slow Cooked Leg of Lamb Biryani with Rice & Onion Bhajis	£14.00

Confit Swannington Pork Belly with Smoked Bacon & White Bean Cassoulet & Black Pudding Croquette - Crispy Crackling	£14.00
Pan Fried Breast of Chicken with Saute Potatoes, Chorizo & Local Asparagus - Crispy Mozzarella & Pesto Dressing	£16.00
Miso Marinated Gressingham Duck Breast with Confit Leg Yakisoba Noodles	£18.00
Barbecue Glazed Rack of Babyback Pork Ribs with Fries & Coleslaw	£16.00

Jerk Marinated Boneless Whole Spatchcock Chicken with Sweet Potato Fries & Reggae Slaw	£16.00
Beer & Treacle Cured Bacon Loin with Homecut Chips & Fried Free Range Eggs	£14.00
Slow Cooked Lamb English Lamb Shank with Creamy mash, Glazed Carrots & Tenderstem	£15.00

## FISH

Local Beer Battered Cod Fillet with Homecut Chips & Minted Mushy Peas	£14.00
Cromer Crab & King Prawn Chilli & Garlic linguine with Garlic Toast	£16.00
Smoked & Unsmoked Mixed Fish Pie, Peas, topped with Creamy Mash, Cheese & Herb Crust	£15.00

Roasted Whole Sea Bass with Buttered local Samphire & New Potatoes	£17.00
japanese Sryle Panko Breaded Monkfish Goujons with Coriander Rice & Katsu Curry Sauce	£16.00
Battered King Prawn Scampi with Sea Salt Fries & Homemade Tartare Sauce	£16.00

Charred Swordfish Loin with Caesar Salad & Crispy Calamari Rings	£17.00
Pan Roast Salmon Fillet with New Potatoes, Local Asparagus & Crispy Egg - Hollandiase Sauce	£16.00
Poached Smoked Haddock, Creamy Mash Potato, Tenderstem Broccoli, Poached Egg, Chive Cream Sauce	£14.00

## GRILL

All served with Hand Cut Chips, Flat Mushroom, Slow Roasted Tomato & Onion Rings

Grilled New Season English Lamb Chops	£17.00
10oz Sirloin	£22.00
8oz Fillet Steak	£26.00
10oz Rump	£17.00
Add Sauce: Blue Cheese, Peppercorn or Garlic Butter	£2.50
Add Fried Egg	£1.00
Add Surf with King Prawns	£5.00

## VEGETARIAN

Halloumi Burger with Caramelised Onion, Roasted Red Pepper & Flat Mushroom in Toated Brioche & Sweet Potato Fris	£14.00
Indian Style Chick Pea Curry with Pilau Rice & Onion Bhaji	£14.00
Twice Baked Asparagus & Norfolk Dapple Cheese Souffle with Dressed Garden Salad	£14.00
Caramelised Onion & Goats Cheese Tartlet, Parmesan & Rocket Salad, Garlic Roasted New Poatoes	£14.00

## SIDES

Hand Cut Chips or French Fries	£3.00
Sweet Potato Fries	£4.50
Buttered Local Samphire	£3.50
Halloumi Fries	£5.00
Home Made Creamy Coleslaw	£2.50
Beer Battered Onion Rings	£3.00
Toasted Garlic Ciabatta	£3.00
Mixed Salad	£3.00
Side of Seasonal Veg	£3.00

PLEASE CHECK THE BOARDS OR ASK STAFF FOR DETAILS OF OUR DAILY SPECIALS

**FOOD ALLERGIES & INTOLERANCES** - All of our food is prepared in a kitchen where nuts, cereals containing gluten and other allergens are prepared and our menu descriptions do not include all ingredients. Please ask a member of staff if you require assistance.



# LIGHTER MENU

(Available 12.00 - 2.30)



## LIGHT LUNCHES

Crispy Sweet Chilli Beef, Coriander, Sesame & Peanut Thai Salad	£13.00
Chargrilled Chicken with Caesar Salad	£11.00
Freshly Caught Cromer Crab Salad with Local Samphire, New Potatoes & Brown Bread	£15.00
Frsly Carved Honey Glazed Ham Egg & Chips	£11.00
The Ship Ploughmans Luch with Pickles & Crusty Bread	£14.00
6oz Rump Steak with Chimichurri Dressing, Spiced Fries & Rocket Salad	£12.00

## DESSERTS

(Also available at the evening serving times)

All £7.00

Classic Norfolk Strawberrys Eaton Mess
Warm Double Chocolate Brownie with Salted Caramel Ice Cream
Sticky Toffee & Walnut Pudding, with Caramel Sauce, Candied Walnuts and Vanilla Ice Cream
Vanilla Cheese Cake with Local Raspberries
Bramley Apple Crumble with Clotted Cream
Warm Bakewell Tart with White Chocolate Ice Cream
Mixed Norfolk Ice Creams or Sorbets
Chefs Selection of Cheese with Biscuits

## CHILDRENS MENU

Childrens' Menu	
5oz Rump Steak with french fries, onion rings and salad	£9.95
Grilled Salmon Fillet with creamy mash and broccoli	£5.95
Fresh Fillet of Cod battered with chips and peas	£5.95
Pork Sausages with gravy, creamy mash and carrots	£5.95
Burger with Cheese in a bun with chips, onion rings and coleslaw	£5.95
Woodland Free-range Chicken Strips battered, with chips and beans	£5.95
Ham Egg and Chips	£5.75
Penne Pasta with either basil pesto or tomato sauce	£5.50
Garlic Bread Ciabatta	£2.50

## CIABATTAS

Goats Cheese & Onion Jam	£8.00
Crispy Bacon, Melted Brie & Cranberry Sauce	£8.00
Sausage & Wholegrain Mustard	£8.00
Buffalo Mozzarella, Beef Tomato & Pesto	£8.00
Chargrilled Steak, Mushroom & Onion Jam	£10.00

## WRAPS

Sweet Chilli Crispy Beef & Asian Salad	£9.00
Cod Goujons & Tatar Sauce	£9.00
Crispy Halloumi, Mushroom, Roasted Red Pepper & Onion Jam	£8.00
Crispy Chicken & Satay Sauce	£8.00
Crispy Chilli Beef & Chilli	£8.00

PLEASE ASK FOR DETAILS OF OUR SUNDAY ROAST

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**COLCHESTER  
INNS GROUP**

### The Ship Inn

The Ship Inn, The Street, South Walsham,  
Norwich NR13 6DQ  
Tel: 01603 270049  
manager@shipsouthwalsham.co.uk  
www.shipsouthwalsham.co.uk

### Recruiting Sergeant

Recruiting Sergeant, Norwich Road,  
Horstead NR12 7EE  
Tel: 01603 737077  
admin@recruitingsergeant.co.uk  
www.recruitingsergeant.co.uk

### The Black Boys

The Black Boys Hotel & Restaurant,  
Aylsham, Norfolk. NR11 6EH  
Tel: 01263 732122  
admin@blackboyshotel.co.uk  
www.blackboyshotel.co.uk

### The Bucks Arms

The Buckinghamshire Arms, Blickling,  
Aylsham, NR11 6NF  
Tel: 01263 732133  
contact@bucksarms.co.uk  
www.bucksarms.co.uk

### The Rising Sun

The Rising Sun, Wroxham Road,  
Coltishall, Norwich NR12 7EA  
Tel: 01603 737440  
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